



CAPABILITY STATEMENT

SUMMARY

CNS Services, Inc. DBA Living Your Life Without Limits Specializes in creating organizational strategies that lead to higher engagement levels, lower turnover rates, and increased productivity in organizations and businesses. With an innovative mix of coaching culture, analytics, and tailored training programs, we are known for breathing life and vibrance back into organizations.

CORE COMPETENCIES

- Leadership Development Training Programs
- Diversity Training Program
- Strategic Planning
- Development of employee orientation and annual training program
- Establishing and evaluating Employee Health & Wellness Programs
- Creating Healthy Lifestyle Prevention Programs for Clinics and patient-based healthcare organizations geared to reduce Co-Morbidities in the minority communicates, i.e., Diabetes, Hypertension.
- Mental Health & Self-care Workshops
- Project Management for Organizational structural and process changes
- Motivational & Inspirational Speaking Engagements

DIFFERENTIATORS

Our Mission. Our mission is to motivate, educate, and inspire organizations and businesses to create a culture workplace that produces positive outcomes for the organization and creates valued partnerships between leaders and employees.

Our Commitment to Transformative Change. We work to ensure every client can drive upwards change in their organization and industry using data and analytical tools to provide solutions based on measurable outcomes.

Our Emphasis on Collaborative Connection. We are boldly purposeful in our communication and collaboration with clients, to create authentic connections gear to promote optimal productivity.

PAST EXPERIENCES

We're a trusted partner for leaders and employees across various industries, being called upon to help develop, restructure, and drive transformative change within their culture, staff, and client experience.

SAMPLE CLIENT SUCCESS



CONTACT INFORMATION

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COMPANY INFORMATION

Founded in January 2002

Built on 30 years of experience.



8(a) Certified (11/11/2022 – 11/11/2031)

CAGE Code: 94GG2

UEI: G81ZRTT2GW99

CERTIFICATIONS

Metro certified DBE

CUCP# 50975

Metro certified SBE

Metro File #9262

NMSDC certified MBE

#SC41248

California DVBE

#2029824

LA County LSBE

#093256

NAICS Codes:

Offices of All Other Miscellaneous
Health Practitioners - **621399**

Administrative Management and General
Management Consulting Services –
541611

Other Management Consulting Services –
541618

Professional and Management
Development Training - **611430**

Human Resources Consulting Services –
541612

Diet and Weight Reducing Centers –
812191



SOCIAL MEDIA LINKS

Facebook:

<https://www.facebook.com/livingyourlifewithoutlimits/>

Instagram:

<https://www.instagram.com/livingyourlifewithoutlimits/>

LinkedIn:

<https://www.linkedin.com/company/livingyourlifewithoutlimits/>

Youtube:

<https://www.youtube.com/c/LivingYourLifeWithoutLimits>