

CAPABILITY STATEMENT

SUMMARY

CNS Services, Inc. DBA Living Your Life Without Limits Specializes in creating organizational strategies that lead to higher engagement levels, lower turnover rates, and increased productivity in organizations and businesses. With an innovative mix of coaching culture, analytics, and tailored training programs, we are known for breathing life and vibrance back into organizations.

CORE COMPETENCIES

- Leadership Development Training Programs
- **Diversity Training Program**
- Strategic Planning
- Development of employee orientation and annual training program
- Establishing and evaluating Employee Health & Wellness Programs
- Creating Healthy Lifestyle Prevention Programs for Clinics and patient- based healthcare organizations geared to reduce Co-Morbidities in the minority communications, i.e., Diabetes, Hypertension.
- Mental Health & Self-care Workshops
- Project Management for Organizational structural and process changes
- Motivational & Inspirational Speaking Engagements
- Compliance and Survey Readiness Consulting for Healthcare Organizations

DIFFERENTIATORS

Our Mission. Our mission is to motivate, educate, and inspire organizations and businesses to create a culture workplace that produces positive outcomes for the organization and creates valued partnerships between leaders and employees.

Our Commitment to Transformative Change. We work to ensure every client can drive upwards change in their organization and industry using data and analytical tools to provide solutions based on measurable outcomes.

Our Emphasis on Collaborative Connection. We are boldly purposeful in our communication and collaboration with clients, to create authentic connections gear to promote optimal productivity.

SAMPLE CLIENT SUCCESS

1:SD Health Partners, Inc dba Meridian Home health: Project **Management for EMR Transition**

Problem: Meridian Home Health, a dynamic home healthcare organization, was preparing for a critical transition from one Electronic Medical Records (EMR) system to another Electronic Medical Records (EMR) system. The magnitude of this project demanded expert project management.

CONTACT INFORMATION

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Website: livingyourlifewithoutlimits.com

COMPANY INFORMATION

Founded in January 2002 Built on 30 years of experience.







8(a) Certified (11/11/2022 – 11/11/2031)

CAGE Code: 94GG2 UEI: G81ZRTT2GW99

CERTIFICATIONS

Metro certified DBE

CUCP# 50975

Metro certified SBE

Metro File #9262

NMSDC certified MBE

#SC41248

California DVBE

#2029824

LA County LSBE

#093256

NAICS Codes:

Offices of All Other Miscellaneous Health Practitioners – **621399**(Primary) Administrative Management and General **Management Consulting Services**

541611

Other Management Consulting Services – 541618

> Professional and Management Development Training -

> > 611430

Human Resources Consulting Services -541612

Diet and Weight Reducing Centers -812191



Solution: We were hired to provide comprehensive project management for this pivotal transition.

Our team developed a strategic project plan that encompassed every detail of the operation. We implemented risk management strategies, established communication protocols, and coordinated between different stakeholders to ensure that the project progressed smoothly. We also conducted regular progress reviews and made necessary adjustments to keep the project on track.

Results: Our systematic project management led to the successful implementation of the EMR system at Meridian Home Health in 2023. The transition was smooth and efficient, with zero downtime, thereby ensuring uninterrupted patient care. The EMR system improved operational efficiency and patient data accessibility, significantly enhancing the quality of care.

We are currently providing post-project support until March.

2: Active Staffing Resources Inc - Licensure Compliance and Project Management for Online Competency Program

Problem: Active Staffing Resources Inc, with 200 clinicians, was preparing for a Joint Commission Survey and transitioning from a paper-based system to a web-based Online Competency program.

<u>Solution</u>: We were hired to provide survey compliance support and project management. The Joint Commission survey readiness plan aims to ensure compliance with accreditation standards by conducting regular assessment implementing corrective actions, and continuously improving quality and patient safety measures. It involves thorough documentation reviews, staff training, and mock surveys to identify and address any areas of non-compliance before the actual survey takes place.

The project management plan for transitioning from a paper-based competency system to a web-based system includes defining objectives, scope, stakeholders, and resources, as well as developing schedules, communication plans, training strategies, and risk mitigation measures.

It also involves deploying the web-based system, monitoring its performance, and making necessary adjustments for successful implementation.

Results: With our support, Active Staffing Resources Inc not only successfully passed the Licensure & Survey Accreditation in 2023 but also smoothly transitioned to the web-based Online Competency program. The transition reduced paperwork, improved operational efficiency, and enabled easier access to information. Our interventions significantly contributed to the agency's ability to provide high-quality care.

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